

	Area	Year 7	Area	Year 8	Theme	Year 9
Autumn Term 1		Internal		Internal		Internal
Autumn Term 2	Living in The Wider World	Exploring Personal Values	Health and Wellbeing	Vaping: A Global Dilemma	Living in the Wider World	Volunteering in My Community
		Controlling Our Emotions		Drug Awareness		Differences Between Forced and Arranged Marriage
		Managing Privacy Online		The Mind-Body Connection		Drugs and County Lines
		The Dangers Of Your Internet Algorithm		First Aid Beyond Emergencies		Organ Donation
		Examining the Equality Act 2010		Male Body Image		Instagram vs Reality
		Racism and Discrimination		R.E.S.P.E.C.T		Exploring The Democratic Process
Spring Term 1	Relationships & Sex Education	How To Have Healthy Relationships	Relationships & Sex Education	The Many Forms of Relationships	Relationships & Sex Education	Introduction to FGM
		The Changing Adolescent Body		Managing Unhealthy & Toxic Relationships		Safe & Healthy Sex
		Body Changes During Puberty		Understanding Consent		Avoiding & Preventing Harassment
		Different Types of Families		Power Dynamics & Consent		Online grooming
		Positive Parenting		Contraceptive Essentials		Sexual Orientation
		Safe & Healthy Relationships		Pregnancy Choices		Sexually Transmitted Infections
Spring Term 2	Health and Wellbeing	The Balanced Diet	Living in the Wider World	Gender-Based Discrimination	Health and Wellbeing	Informed Drug & Alcohol Choices
		Sleep Essentials		Knife Crime		Understanding Vaccination And Immunisation
		Phones And Sleep		Relationships and Their Legal Status		Smoking & Your Health
		Investing In Your Health		Ageism and Ableism		Sleep, Exercise & Diet
		Healthy & Balanced Lifestyles		The Role of the Courts & Tribunals		Understanding Eating Disorders
		Combat Worry, Stress & Anxiety		Breaking Down Stereotypes		Inclusivity & Belonging
Summer Term 1	Living in the Wider World	Alcohol And Your Health	Health and Wellbeing	Oral Hygiene	Health and Wellbeing	The Happiness Trap
		Smoking and Nicotine Addiction		Health & Hygiene		Managing Anxiety
		Drug Laws in the UK		Healthy Eating, Healthy Living		Combatting Negative Self-Talk
		How Laws are Made		Dealing With Worry		Resilience Toolkit
		Respecting and Celebrating Religious Diversity		Alcohol and Social Inhibitions		Empathy in Action
Summer Term 2	Health and Wellbeing	Unlocking Creativity	Health and Wellbeing	Developing Leadership Skills	Living in the Wider World	Sharing Information Online
		Communication Styles		Real Life Resilience		Rising Above Cyberbullying
		The Stress Scale		The Positivity Mindset		Viewing Harmful Content
		Random Acts of Kindness		Together Against Bullying		Assessing The Trustworthiness of Others
		FINANCE		FINANCE		FINANCE